

## Cross-Stitched or Embroidered Towel Bibs

1 "fingertip" towel (measures approx. 15 ½ inches by 11 ½ inches not including fringes) or fabric measuring 18 x 12 ½ inches (allows for finishing edges ½ inch and then folded to ¼ inch edge for all 4 edges plus the length of fringes if fabric doesn't have fringes)

Aida cloth or fabric insert 15 x 3 ½ inches for cross stitch/embroidery panel ✚

T-shirt knit rib 13 x 3 ½ inches or actually knit the ribbing using 4 ply yarn (see "Knitting the Rib" below)

✚ If not putting in the Aida cloth panel – fabric will measure 21 x 12 ½ inches

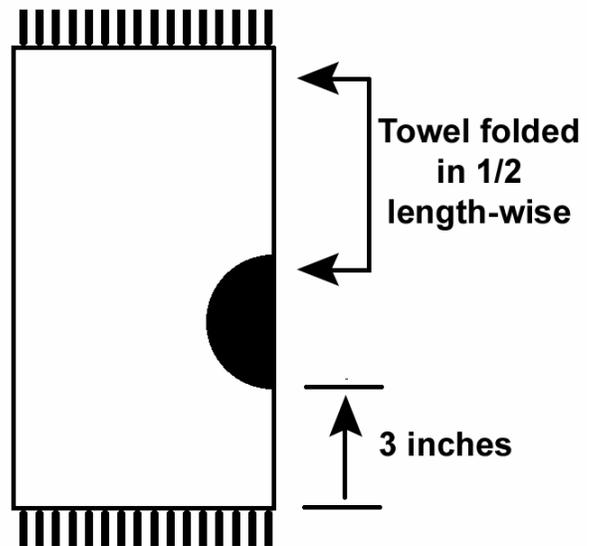
✦ Take off ½ inch for any side that will be bond with bias tape

Instructions:

**NOTE:** All seams are stitched at ½ inch. To keep the edges from fraying, zig-zag edges close to the stitching and cut off excess fabric or use a serger for a neat finished appearance.

### Cutting out the Circle:

1. Fold towel in half length-wise and measure 3 inches down from the fringed edge of towel (do not include the fringed edge). Cut out half circle. When unfolded, the towel will have a perfect circle (this is the neck opening).



### Neck Band:

2. With T-shirt knit rib, pin short ends together to make a circle. Sew ½ inch seam.  
3. Fold the band in half wrong sides together.  
4. Divide band into quarters using pins to show quarter marks.  
5. Divide neck edge (on towel) into quarters using pins to show quarter marks.  
6. With right side of towel facing you, generously pin the neck band to the towel by matching quarter marks of neck edge to the quarter marks on the ribbing band. You will have to stretch the band to fit the opening.

7. Sew the band to the towel with ½ inch seam. It's easier to sew with the band facing up when you are at the machine, that way you can stretch it to fit the neck edge opening.

### **Embroidery Panel:**

8. Measure 3 inches on other end of towel and cut. SAVE this piece.

9. Measure the width of the towel where you cut off the 3 inches. You will need to cut the Aida cloth or "other" fabric the width plus 1 inch for the edges,

10. To finish the raw edge at the short ends, fold the narrow edges under ½ inch, then fold under again and press. Zig-zag or straight stitch down both edges.

### **Sewing Panel to Towel:**

11. Pin (right sides together) and sew the 3 inch piece of towel from step 7 to the embroidery panel; press.

12. Pin the embroidery panel to the towel with the neck opening – right sides together and sew; press.

### **Knitting the Rib:**

Use size 4 straight or circular needles, cast on 53

Create rib by K1, P1 to end of row (row 1)

Row 2: P1, K1 to end of row

Repeat rows 1 & 2 for 10 rows.

Loosely bind off after 10<sup>th</sup> row.

Slip stitch short edges together; continue to step 4.

