

BUFFALO CHICKEN DIP

Prep Time: 5 mins | Bake Time: 20 mins | Yield: about 4 cups

Ingredients:

2 c (10 oz) shredded cooked chicken breast
8 oz cream cheese
½ c. Hot Sauce
½ c. Ranch dressing (or Bleu Cheese dressing)
½ c. (2 oz) shredded Cheddar cheese (or crumbled Bleu Cheese)
2 chopped green onions to garnish, optional

Directions:

Preheat Oven to 350 degrees F.

Combine all ingredients and spoon into a shallow 1-quart baking dish.

Bake 20 mins until mixture is heated through.

Garnish with chopped green onions, optional

Serve with fancy crackers and/or raw veggies.

Bon Appétite!

Nutrition Facts for entire dish:

	kcal	carbs
2 c shredded cooked chicken:	462	0
8 oz cream cheese:	800	8.0
½ c. Hot Sauce:	0	0
½ c. Ranch Dressing:	581	8.0
½ c. (2 oz) Shredded Cheddar Cheese:	228	0.7
2 chopped green onions:	10	2.2
Totals:	2081	18.9